

## **LLCA STUDENT ATHLETE HANDBOOK**

Playing sports at LLCA is a privilege for students, so please become familiar with the following expectations:

- The athlete shall obey all CSAA and LLCA rules and regulations.

### **Tryouts**

- Trying out for a sport does not guarantee any student a spot on the team.
- Cuts will be made at the coach's discretion.

### **Playing time**

- Players are not guaranteed a certain amount of playing time.
- If a player would like to speak with their coach about playing time they must see the coach the next day. It will not take place before, during or after the game. If for some reason a parent would like to meet with the coach they must call the school and set up a meeting. (NOT AFTER GAME)

### **Athlete's Conduct/Practices**

- Athletes are expected to conduct themselves in a positive manner at practices, games, and school/team functions.
- Players must be considered present at school to be eligible to play in any athletic event.
- Athletes are expected to be prompt to practices, games and class.
- Practices and games are mandatory to attend unless excused by the coach.
  - Examples of excused absences: sickness, death of family member or friend
- Unexcused absences will have consequences (coaches discretion).
  - Examples of consequences: running, suspension from game/s, dismissal from team
- If a player cannot attend practice or a game for any reason they must let the coach know ahead of time. If you are not at school, please call or email the coach.
- If a player gets out-of-school suspension for any serious offence they will be dismissed from the team.
- If any player gets suspended from the team two times for any reason over the course of the year it will result in automatic dismissal from the team.
  - Examples of Suspensions: bad sportsmanship, grades, negative behavior while at school, missed practices or games
- Appropriate practice attire is expected to be worn each practice.
  - Example: tennis shoes/cleats, gym shorts/pants, t-shirts
  - Jewelry must be taken off before all practices and games

### **Games/Transportation**

- Players may not talk with parents, friends or girlfriends/boyfriends during the game. Parents should refrain from talking to players during the game.
- Players must ride the bus to games if a bus is taken.
  - No friends or girlfriends/boyfriends are allowed to ride the bus. (outside of team)
- If a player is riding home with their parents after the games the athlete and parent must let the coach know ahead of time. NO EXCEPTIONS
- A note from a parent is needed if any player is riding home with anyone other than his/her parents.
- Players MUST be picked up on time from games and practices.
  - Once a player gets 3 strikes (late pick-ups) they will be dismissed from the team.

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## Student-Athlete Academic Policy

(updated 08/01/2016)

All students wanting to participate in athletics at LLCA must remain in good academic standing throughout the school year. To do so, students must adhere to the following requirements:

- Student-athletes must not Fail 2 or more classes on their semester report card
  - Fall and Winter sports eligibility is determined by the second semester grades from the end of the previous school year
  - Spring sports eligibility is determined by the end of the first semester grades of the current school year
  - If a student-athlete has 2 or more failing grades on a semester report card, then they will be dismissed from any current athletic team and will not be eligible to participate in the upcoming athletic season
    - EXP 1: Student fails 2 classes on the semester 1 report card, they will not be eligible to participate in Spring sports
    - EXP 2: Student fails 2 classes on the semester 2 report card, they will not be eligible to participate in Fall or Winter sports for the next school year
- If a student-athlete Fails 2 or more classes on a quarterly report card, then the student will be on academic probation until at least one of the failing grades is pulled up to a passing grade
  - Academic probation: The student will remain on the team, however the student may not attend any practice, game or team function. The purpose of academic probation is to give the student time to study and work to improve the failing grades
- Scholar-Athlete
  - Student-athletes that have a 3.25 GPA at the end of each semester and no failing grades throughout the school year will be recognized as scholar-athletes.

## **LLCA FANS ATHLETIC HANDBOOK**

Here at LLCA we love all of the support we get from our amazing fans but there are a few things for fans to be aware of during athletic contest:

- All LLCA fans must conduct themselves in an honorable fashion during all sporting events.
- Please remember your actions do reflect on the school and we want the most positive environment for our athletes possible.
- Please do not use any tobacco products during athletic contest.
- Keep in mind that all players from the other schools are the same age as your children and many times during sporting events emotions can run high. Be sure to keep your emotions in check.
- Your actions as an adult make a huge impact on the athletes and how they carry themselves on and off the field/court.
- Please let our coaches do their job and do not criticize their decisions.
- Parents cheer and be supportive with positive comments, refrain from using negative comments.
- Please do not talk to players or interact with them during the athletic contest.

If any LLCA fan has to have the School Director, Athletic Director or any of our coaches say anything to them about their actions at a sporting event the consequences are as follows:

- Verbal Warning
- One Week Suspension (From All LLCA Sporting Events)
- Permanent Suspension (For the Remainder of the School Year From All Sporting Events)

If any LLCA fan is ejected by an official from any sporting event the following consequences are prescribed by the North Carolina Athletic Association:

- One Week Suspension (From All LLCA Sporting Events)
- Permanent Suspension (For the Remainder of the School Year From All Sporting Events)

**Thanks for all of your understanding and support of LLCA Athletics**

**By signing this, I understand and will adhere to the LLCA (Student-Athlete & Fan) Athletic Handbook.**

Parent/Guardian Phone Number/s: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_

Athletes Printed Name: \_\_\_\_\_

Athletes Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

LAKE LURE CLASSICAL ACADEMY:

I give my son/daughter permission to ride the bus or carpool to and from athletic practices and games for the 2017-2018 athletic seasons.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*Lake Lure Classical Academy Athletics reserve the right to at anytime, add, rewrite, or revise the Player and Fan Handbook.**

