



Nourish to Flourish Food Program **“Where Meals and Movement Fuels Academic Success”**

1. Field Trip Food Policy

- a. As a general rule, food is not typically purchased on field trips. VERITAS will provide bagged lunches when field trips take place during lunch time. Students who bring their own lunch must follow VERITAS Outside Food Policy.
- b. Full day and/or overnight field trips have specific guidelines will be included in the field trip permission forms.
- c. If food does need to be purchased on a field trip, students must maintain our health and wellness commitments. (e.g. no soda, fried foods, chips, candy)
- d. Parent chaperones must be able to abide by this policy in order to accompany students on a field trip.