


Thomas Jefferson Grammar

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	No School	Ham or Zoo Chicken Mashed Potatoes Green Beans Apple Juice Choc. Milk, Milk or Water	Pizza Or Chicken Sandwich Orange Salad Banana Milk, Choc. Milk or Water	Nacho`s w/Cheese or Corn Dog Carrots w/Ranch Dressing Mixed Fruit Cup Milk, Choc. Milk or Water
7	8	9	10	11
Ravioli or Popcorn Chicken Sweet Corn Cinnamon Applesauce Milk, Choc. Milk or Water	Ham or Fish Sticks Mac and Cheese Green Beans Orange Blast Juice Milk, Choc. Milk or Water	Pizza Or BBQ Rib Sandwich Orange Salad Banana Cookie Milk, Choc. Milk or Water	Beef Steak w/gravy or Chicken Sliders Mashed Potatoes Green peas Milk, Choc. Milk or water	Hot Dog or Nacho`s w/Cheese Carrots w/Ranch Dressing Fruit Cup Milk, Choc. Milk or Water
14	15	16	17	18
Cheese Dippers w/Marinara or Chicken Sliders Sweet Carrots Fresh Fruit Milk, Choc. Milk or Water	Fish Sticks or Zoo Chicken Mac & Cheese Green Peas Apple Slices Milk, Choc. Milk or Water	Alfredo Chicken Pasta or Popcorn Chicken Green Beans Banana Milk, Choc. Milk or Water	Pizza or Nacho`s w/Cheese Salad w/Ranch Dressing Orange Slices Cookie Milk, Choc. Milk or Water	Ham or Beef Steak w/Gravy Mashed Potatoes Corn Fruit Juice Milk, Choc. Milk or Water
21	22	23	24	25
	Pizza or Chicken Sandwich Carrots w/Ranch Dressing Pear Cup Milk, Choc. Milk or water	Spaghetti or Zoo Chicken Green Beans Hot Fruit Salad Milk, Choc. Milk or Water	Fish Sticks or Chicken Pot Pie Mashed Potatoes Peas Blue Raspberry Fruit Juice Milk, Choc. Milk or Water	Nacho`s w/Cheese or Corn Dog Orange Salad Mixed Fruit Cup Cookie Milk, Choc. Milk or Water
28	29	30	31	
Hamburger or Hot Dog Carrots w/ranch dressing Chips Banana Milk, Choc. Milk or Water	Cheese Dippers w/Marinara or Zoo Chicken Green Beans Fresh Fruit Milk, Choc. Milk or Water	Ravioli or Popcorn Chicken Corn Cinnamon Applesauce Cookie Choc. Milk, Milk or Water	Pizza or Chicken Sandwich Carrots w/Ranch Dressing Pear Cup Milk, Choc. Milk or water	