

Thomas Jefferson High School

January

2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School	2 Chicken and Gravy Green Peas Fresh Fruit <i>Alternate Entrée</i> Sloppy Joes	3 Cheese Dippers w/ Marinara Sauce Green Beans Fresh Fruit <i>Alternate Entrée</i> Meatball Subs	4 Taco Bar Refried Beans Corn Fresh Fruit <i>Alternate Entrée</i> Fish Sandwich
7 Hotdogs w/ Chili & Slaw Tater Tots Fresh Fruit <i>Alternate Entrée</i> Chicken Sandwich	8 Chicken and Dumplings Broccoli Fresh Fruit <i>Alternate Entrée</i> Ravioli	9 Spaghetti w/ Meat Sauce Garden Salad Fresh Fruit <i>Alternate Entrée</i> Cheese Pizza	10 Meatloaf Mashed Potatoes Green Beans Fresh Fruit <i>Alternate Entrée</i> Cheese Dippers	11 Chicken Parmesan Green Beans Garlic Bread Choice of Fruit <i>Alternate Entrée</i> Fish Sandwich
14 Pasta Bake Garden salad Garlic Bread Choice of Fruit <i>Alternate Entrée</i> Pizza	15 Orange Chicken Rice Sweet Carrots Fresh Fruit <i>Alternate Entrée</i> Sloppy Joes	16 Baked Ham Mac & Cheese Mixed Veggies Fresh Fruit <i>Alternate Entrée</i> Popcorn Chicken	17 Cheese Dippers w/ Marinara Sauce Green Beans Fresh Fruit <i>Alternate Entrée</i> Meatball Subs	18 Taco Bar Refried Beans Corn Fresh Fruit <i>Alternate Entrée</i> Fish Sandwich
21 No School	22 Burrito Spanish Rice Black Beans Fresh Fruit <i>Alternate Entrée</i> Nacho's w/Cheese	23 Chili Beans w/Beef Slaw Cornbread <i>Alternate Entrée</i> Ravioli	24 Cheese Dippers w/ Marinara Sauce Mixed Veggies Fresh Fruit <i>Alternate Entrée</i> Meatball Sub	25 Orange Chicken Rice Sweet Carrots Fresh Fruit <i>Alternate Entrée</i> Sloppy Joes
28 General Tso's Chicken Rice Broccoli Fresh Fruit <i>Alternate Entrée</i> Salisbury Steak	29 Spaghetti w/ Meat Sauce Garden Salad Fresh Fruit <i>Alternate Entrée</i> Cheese Pizza	30 Chicken Parmesan Green Beans Garlic Bread Choice of Fruit <i>Alternate Entrée</i> Fish Sandwich	31 Burrito Spanish Rice Black Beans Fresh Fruit <i>Alternate Entrée</i> Nacho's w/Cheese	

