

Thomas Jefferson High School

September

Monday	Tuesday	Wednesday	Thursday	Friday
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No School 3	4 Hamburgers Lettuce and Tomato French Fries Fresh Fruit <i>Alternate Entrée</i> Hotdog	5 Ham Mac and Cheese Green Beans Dinner Roll Fresh Fruit <i>Alternate Entrée</i> Pop Corn Chicken	6 Taco Bar Spanish Rice Corn Fresh Fruit <i>Alternate Entrée</i> Nacho`s and Cheese	7 Spaghetti w/ Meat Sauce Garden Salad Fresh Fruit <i>Alternate Entrée</i> Cheese Pizza
10 Cheese Pizza Baked Beans Sweet Carrots Fresh Fruit <i>Alternate Entrée</i> Corndogs	11 Hotdogs w/ Chili & Slaw Tater Tots Fresh Fruit <i>Alternate Entrée</i> Nacho`s w/Cheese	12 Orange Chicken w/Rice Garden Salad Fresh Fruit <i>Alternate Entrée</i> BBQ Rib	13 Cheese Dippers w/ Marinara Sauce Green Beans Fresh Fruit <i>Alternate Entrée</i> Chicken Sandwich	14 Chicken Parmesan Green Beans Garlic Bread Fresh Fruit <i>Alternate Entrée</i> Cheeseburgers
17 Spaghetti w/ Meat Sauce Garden Salad Fresh Fruit <i>Alternate Entrée</i> Cheese Pizza	18 Burrito Spanish Rice Black Beans Fresh Fruit <i>Alternate Entrée</i> Nacho`s w/Cheese	19 Chicken Pie Garden Salad Fresh Fruit <i>Alternate Entrée</i> Chicken Sandwich	20 Hamburgers Lettuce and Tomato French Fries Fresh Fruit <i>Alternate Entrée</i> Hotdog	21 Chicken Alfredo Green beans Garlic Bread Fresh Fruit <i>Alternate Entrée</i> Salisbury Steak
24 Taco Bar Spanish Rice Corn Fresh Fruit <i>Alternate Entrée</i> Nacho`s and Cheese	28 Ham Mac and Cheese Green Beans Dinner Roll Fresh Fruit <i>Alternate Entrée</i> Pop Corn Chicken	25 Sloppy Joe Tater Tots Baked Beans Fresh Fruit <i>Alternate Entrée</i> Pizza	26 General Tso`s Chicken Rice Broccoli Fresh Fruit <i>Alternate Entrée</i> Chicken and Gravy	27 Cheeseburgers Lettuce/Tomatoes/Pickles Tater Tots Fresh Fruit <i>Alternate Entrée</i> Fish Sandwich

