

## Internet Health Sites (continued)

**Healthwise:** A health education and wellness program offered by Columbia University Health Service. Features a question-and-answer program.  
<http://www.columbia.edu/cu/healthwise/>

**Internet Mental Health:** Provides overviews of mental disorders and treatments of the most common mental problems.  
<http://www.mentalhealth.com>

**Join Together:** Provides information on the problems associated with tobacco, illegal drugs, and excessive use of alcohol.  
<http://www.jointogether.org>

**Joslin Diabetes Center:** Provides information about diabetes.  
<http://www.joslin.harvard.edu/>

**Mayo Clinic:** The Mayo Clinic's information center.  
<http://www.mayoclinic.com>

**MedicineNet:** Provides information and links on various health topics, including a medical dictionary.  
<http://www.medicinenet.com/>

**Medscape:** Provides articles dealing with medical issues.  
<http://www.medscape.com/>

**Medsurf:** Contains a searchable database of various health topics.  
<http://www.medsurf.com/>

**National Library of Medicine:** Useful for finding health sources.  
<http://www.nlm.nih.gov/>

**OncoLink:** One of the best web sites for cancer information.  
<http://www.oncolink.upenn.edu/>

**USDA Nutrient Values:** Provides the nutrient values of more than 8,000 foods.  
<http://www.ndb.nal.usda.gov>  
<http://www.ars.usda.gov/Services/doc.htm?docid=20957>

**WebMD:** Source for health and medical news and information.  
<http://www.webmd.com>

**Wellness Web:** Provides facts about conventional medicine, nutrition, and fitness.  
<http://www.wellweb.com/>

**World Health Organization:** Provides world health topics, statistics, and advice.  
<http://www.who.ch/>